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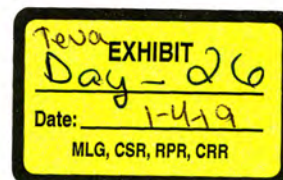
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Join Pain Matters and the pain community as we reimagine the exam room experience to foster a more open dialogue between healthcare professionals and people affected by pain.

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PAIN MATTERS DOCUMENTARY

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PAIN PERSPECTIVES

Hear from the Community



New Survey Results Address Rx Abuse, presented by Bob Twillman, PhD

Check back for regular updates from the pain community.



“Chronic pain continues to be a serious issue for millions of Americans, and Teva is committed to supporting responsible pain management that meets the needs of people living with pain and healthcare professionals.”¹

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Watch Film



Produced by the Discovery Channel, the film chronicles the lives of people living with pain.

View Stories



Short video stories from people and families affected by chronic pain.

Financial support, clinical input, and other expertise for the Pain Matters film were provided by Teva Pharmaceuticals.

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Teva Pharmaceuticals and Pain Management

At Teva Pharmaceuticals, we understand that chronic pain affects more than 100 million Americans.¹ It can greatly affect people touching many aspects of their lives, including their physical health and ability to participate in daily tasks.¹



Our Commitment to Pain Care

Teva is committed to supporting responsible pain management that meets the needs of people living with pain and healthcare professionals treating pain. With a diverse portfolio and pipeline, we are working to help advance treatments in pain management. Prescription opioid medications are an important part of a treatment plan for many people living with chronic pain, but we know that they carry a serious risk of abuse and misuse.² Teva is equally committed to addressing the serious problems of chronic pain and prescription drug abuse.

As part of our ongoing commitment to support healthcare professionals and patients dealing with chronic pain, we are developing an innovative **abuse deterrence technology** platform to address the challenges of opioid abuse and misuse.

To learn more about Teva and our commitment, visit us online at [TevaUSA.com](https://www.tevausa.com)

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Community Collaboration

As a company, Teva takes this commitment beyond its products, leading education and abuse-mitigation efforts. We're also working to develop educational resources and partner with a variety of stakeholders. In this complex pain care environment, Teva is focused on keeping patient needs at the center of all we do.

[View Calendar](#)

The Alliance to Prevent the Abuse of Medicines

In 2013, Teva became one of several leading industry stakeholders including the **American Medical Association**, **CVS Caremark**, **Cardinal Health**, the **Healthcare Distribution Management Association**, **Prime Therapeutics**, **Millennium Health**, and **Kaleo** dedicated to developing policy solutions aimed to address prescription drug abuse. This non-profit partnership includes perspectives from all angles of the prescription drug supply chain— from manufacturers to distributors and pharmacies to physicians.

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**Opioid Abuse Deterrence Technology Guidance**

Recent FDA guidance on evolving opioid abuse deterrence technology

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New Rx Abuse Survey Results

Physicians and People Affected by Chronic Pain Open Up About Rx Abuse

Prescription drug abuse is a serious public health problem that is having a significant impact on our society and more directly, on the relationships between people affected by pain and their physicians. New survey results shed light on the challenges that exist in this evolving pain care landscape. How do clinicians and people with pain balance the need to talk about the impact of pain on everyday life and the risks of abuse and misuse associated with prescription opioid medications? These survey results reveal that both clinicians and people affected by chronic pain recognize their important role in helping to reduce the risk of abuse, but feel that discussing the topic can be uncomfortable. Clinicians and people with chronic pain agree that information and practical resources that help address this complex problem are greatly needed. Dig deeper into the perspectives of clinicians and people affected by pain through the survey-results infographic below.

[View Survey Results Infographic](#)

Clinicians and people affected by pain open up about Rx abuse



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addition to a resource section specifically designed to support **people affected by pain**.

About the Survey

A new survey conducted on behalf of Teva in partnership with the U.S. Pain Foundation and the American Academy of Pain Management explores issues impacting the pain care landscape. The survey included 1,100 prescribing healthcare professionals and 1,044 adults with chronic pain taking medications to manage their pain. The survey was conducted from January 21 to February 10, 2015.



About the Author: Bob Twillman, PhD

Bob Twillman, Ph.D., is the Executive Director for the American Academy of Pain Management. In that capacity, Dr. Twillman is responsible for overseeing federal and state pain policy developments and advocating for those supporting an integrative approach to managing pain. He also serves as Chair of the Prescription Monitoring Program Advisory Committee for the Kansas Board of Pharmacy. Dr. Twillman received his Ph.D. in Clinical Psychology at the University of California in Los Angeles, and maintains a volunteer faculty appointment as Clinical Associate Professor of Psychiatry and Behavioral Sciences at the University of Kansas School of Medicine in Kansas City, KS. Prior to taking his current position, Dr. Twillman was a full-time faculty member at the University of Kansas Medical Center, where he founded and directed the inpatient pain management program and was a co-founder of the hospital's Palliative Care Team. He has been actively involved in pain policy through his work with the Alliance of State Pain Initiatives and the American Pain Society for many years.

Teva Pharmaceuticals reviewed and edited this post prior to publication.

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from the pain community.

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Find support for navigating the complex and evolving pain care landscape.



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Opioid Abuse Mitigation Programs & Policies

The Role of Government in Mitigating Opioid Abuse

Due to the complex issues surrounding opioid abuse and misuse, various national and state programs, policies, and laws have been put in place to help mitigate opioid abuse and misuse.

Prescription Drug Monitoring Programs (PDMPs)

Controlled Substance Scheduling

Risk Evaluation and Mitigation Strategy (REMS)

Prescription Drug Monitoring Programs (PDMPs)

PDMPs are in place in 49 states to help detect and reduce the risk of diversion and abuse of prescription drugs at the practice and retail levels. These state programs allow for the collection and analysis of prescription data.¹⁷ Proactive reporting through the use of PDMPs can help¹⁸:

- Alert prescribers and pharmacists to potential prescription opioid abuse or diversion among their patients

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- Provide an opportunity to intervene and refer patients for substance use disorder treatment when appropriate



Schedules of Controlled Substances¹⁹

The DEA plays an important role in mitigating abuse and diversion of opioids. This federal agency enforces the controlled substance laws and regulations in the US, including the scheduling of controlled substances, such as opioids.¹⁹ Controlled substances are classified into five categories, or schedules, according to the accepted medical use and the potential for abuse.¹⁹ Schedule I drugs are considered the most dangerous, while Schedule V drugs are seen to have the least risk for abuse.¹⁹ Prescription opioid medications generally fall under Schedules II and III.¹⁹

SCHEDULE & DESCRIPTION

I

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In addition to classifying potentially dangerous substances by schedule, the DEA's Office of Diversion Control requires physicians who intend to prescribe scheduled (controlled) medications to register in the state where they obtained a valid medical license.²⁰ The goal of this initiative is to detect and investigate diversion of controlled substances from legitimate sources while ensuring an adequate and uninterrupted supply for legitimate medical, commercial, and scientific needs.²⁰

Risk Evaluation and Mitigation Strategies (REMS)

REMS are requirements set by the **Food and Drug Administration (FDA)** for pharmaceutical manufacturers to help ensure that the benefits outweigh the risks for certain drugs.¹⁶ There are several components of REMS that can be used by the pharmaceutical industry, including one or more of the following¹⁶:

Medication Guides or Patient Package Inserts

- FDA-approved instructions for appropriate use and instructions for patients focused on avoiding serious adverse events

Communication Plans

- A comprehensive plan for providing healthcare professionals with education, information, and increased awareness of risks associated with a drug

Elements To Assure Safe Use

- Some products are required to have additional actions that healthcare professionals need to execute prior to prescribing or dispensing the drug to the patient, known as Elements To Assure Safe Use (ETASU)

Implementation Systems

- When ETASU are required as part of a REMS program, the FDA may also require pharmaceutical companies to create a plan to ensure prescribers are complying with ETASU

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Assessment results may be used to modify the REMS, or even eliminate it, if the assessment shows changes are needed or that the REMS have met its goals

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[Go to Opioid Advancements in Abuse Deterrence >](#)

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Pain Perspectives - hear from members of the pain community



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Advances in technology address the challenges of opioid abuse

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A Multifaceted Approach to Opioid Abuse Deterrence

Key Stakeholders Are Making Strides to Mitigate Risk

As part of the pain care community, we understand that we all have an active role to play to help advance responsible pain management and abuse deterrence.¹³ In a recent statement on prescription opioid abuse, the FDA underscored the need to work together to invest in strategies and responsible approaches that deter or mitigate abuse while preserving access to pain medications for the patients that need them most.¹³



HEALTHCARE PROFESSIONALS



POLICY MAKERS

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understanding and following appropriate use, storage, and disposal instructions could help reduce the risk of abuse and diversion. The American Academy of Family Physicians has provided **general guidance and helpful tools** on the appropriate use, storage, and disposal of opioid medications.¹⁵

Resources are available to help educate around the appropriate use, storage, and disposal of prescription opioid medications.



Policies and Programs Provide Guidance

There are many government **policies and programs** in place to help address the opioid abuse public health issue. Laws and policies of today must simultaneously prevent abuse, addiction, and diversion while allowing and supporting the legal use of prescription drugs by those who need them.⁴




Advocacy Organizations Offer Ongoing Support

Public education programs engage local healthcare professionals and antidrug coalitions to promote and distribute public education materials supporting the appropriate use and storage of prescription pain medications and understanding of the associated risks of abuse and misuse.³

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Pharmaceutical Industry Drives Evolving Technology

The FDA also encourages the ongoing study of **abuse deterrence technologies** for prescription opioid medications. Currently, the concept of abuse deterrence is viewed as the introduction of some limits or impediments to abuse, as opposed to the outright elimination of abuse.⁵

At Teva Pharmaceuticals, we take our responsibility to help mitigate the risks of abuse seriously. In 2013, we partnered with five leading industry organizations across the prescription drug supply chain to form the **Alliance to Prevent the Abuse of Medicines**. We are dedicated to raising awareness of the risks of opioid drug abuse.

Next Steps

[Go to Opioid Abuse Mitigation Programs & Policies >](#)

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Managing Chronic Pain

Find information on treatment options for managing pain



Opioid Abuse Mitigation Programs & Policies

Opioid use and abuse guidance from state and federal governments



Advancements in Opioid Abuse Deterrence

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Understanding Opioid Abuse & Misuse

More than 12 million people reported using prescription pain medications non-medically in 2010.¹⁰ That number encompasses both abuse and misuse. The abuse and misuse of prescription pain medications were responsible for more than 475,000 emergency department visits in 2009, a number that nearly doubled in just five years.¹⁰ Further, opioid overdoses in particular are increasingly due to the abuse of prescription painkillers.³

Opioid Abuse

Abuse is a nonmedical use of a drug, repeatedly, or even sporadically, for the positive psychoactive effects it produces.¹¹ The most common form of opioid abuse is swallowing a number of intact pills or tablets to achieve a feeling of euphoria.⁵ While this is the most widespread form of abuse, opioid analgesics can be abused in a number of ways⁵:

- Swallowed whole
- Crushed and swallowed
- Crushed and snorted
- Crushed and smoked
- Crushed, dissolved, and injected

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Pain Matters | Understanding Opioid Abuse

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Alcohol-induced dose dumping, or the associated intake of alcoholic beverages together with oral controlled-release opioid formulations, is another form of abuse that may result in an uncontrolled and immediate drug release.¹²

Opioid Misuse

Misuse is using the prescription drug for a reason other than for which it was prescribed.¹¹ The key differentiator being the drug is not being used for an intentional high, so it is labeled misuse rather than abuse. Misuse can also take many forms, for example¹¹:

- Using a drug for a different condition than that for which the drug is prescribed
- Taking more drug than prescribed or at different dosing intervals
- Using a drug not prescribed for them for other therapeutic purposes

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[Go to Stakeholder Efforts in Opioid Abuse Deterrence](#) >

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A Multidisciplinary Approach to Managing Chronic Pain

While there are a variety of options available to treat chronic pain, it usually cannot be cured, only managed.⁶ There isn't one right way to treat pain.⁶

Approaches to Pain Management^{6,7}



PHYSICAL THERAPY



SPINAL MANIPULATION



COGNITIVE BEHAVIOR THERAPY



ACUPUNCTURE



PAIN MEDICATION
(RX AND OTC)

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The pain experience is individual. Chronic pain is defined by the International Association for the Study of Pain as “a persistent pain that is not amenable, as a rule, to treatments based upon specific remedies or to the routine methods of pain control.”⁸ It’s a serious medical condition that may greatly affect people leaving them unable to work, maintain relationships, or participate in daily tasks.¹

Chronic pain can affect anyone. The Institute of Medicine estimated that 100 million American adults are impacted by chronic pain, which includes people who reported having “severe pain, moderate pain, joint pain, arthritis, or functional limitation.”¹

The Role of Opioids in Chronic Pain Management

Prescription pain medications, such as opioids, may be an appropriate treatment option for people whose chronic pain is not adequately managed by other methods.² Opioids are an important option for the treatment of certain types of chronic pain.⁹

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Understanding Opioid Abuse

Statistics and insights into opioid abuse and misuse



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* Actual time varies.

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